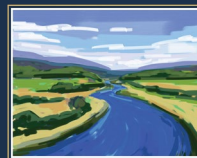


# UPPER CLEMENTS TRAILS

2958 Highway 1, Upper Clements, NS

A four-season trail destination *for you!*



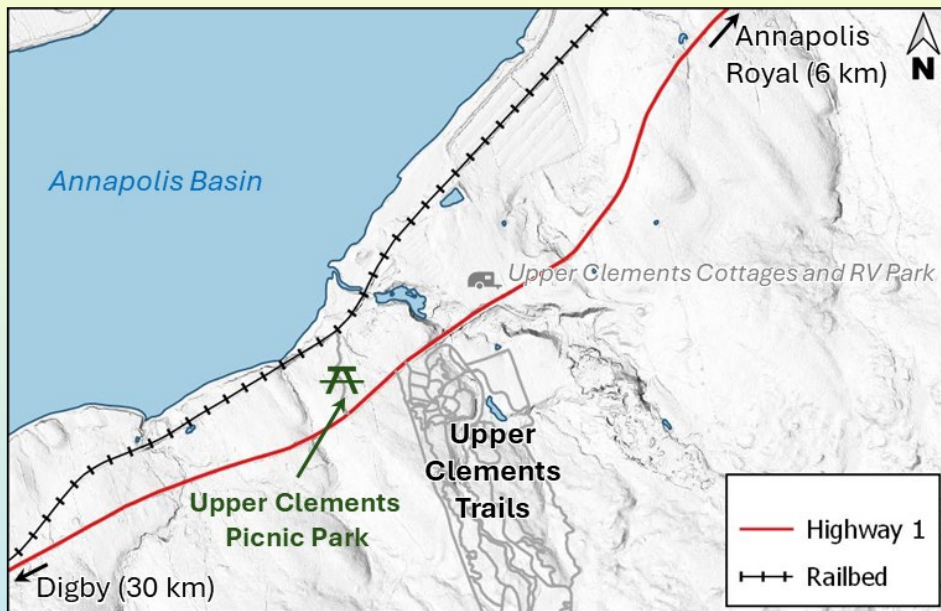
COUNTY of ANNAPOLIS  
NATURALLY ROOTED

## WELCOME TO UPPER CLEMENTS TRAILS!

Opened in 2023, Upper Clements Trails is a multiuse recreational trail system with over 16 km of singletrack and doubletrack trails for nonmotorized activities. Trails are designed for hiking, trail running, mountain biking, snowshoeing, fat biking and cross-country skiing. The property has many features and attractions including Ryerson Brook and ravine, glacial erratics, open meadows, and Acadian mixed forest. The property has a long history of development including several mills, farming, a wildlife park, and hiking and ski trails.

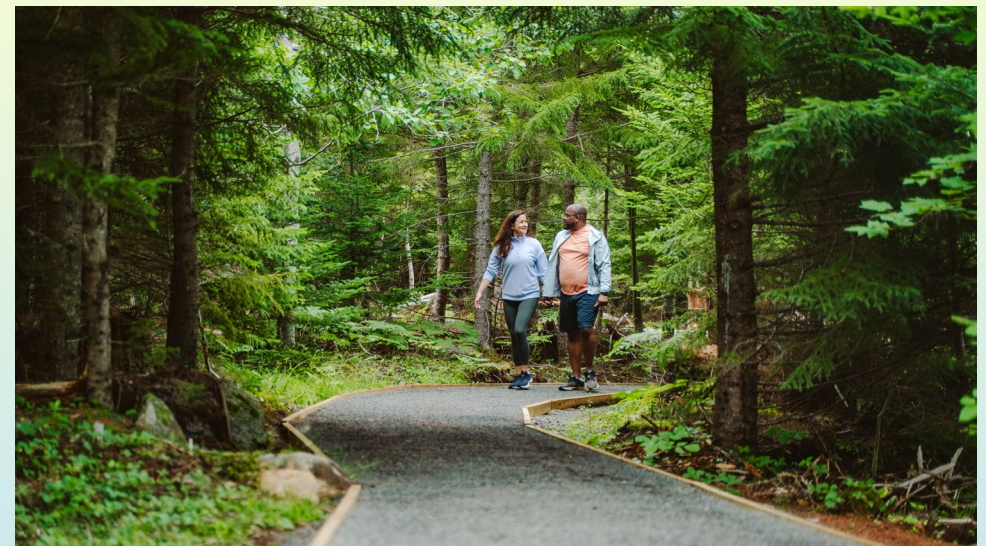
An accessible loop trail called "Moon Mist" was constructed in 2024 to allow all users to enjoy the peaceful nature and recreation of Upper Clements Trails.

Upper Clements Trails is a four-season trail destination. The parking lot and toilet are maintained year-round.

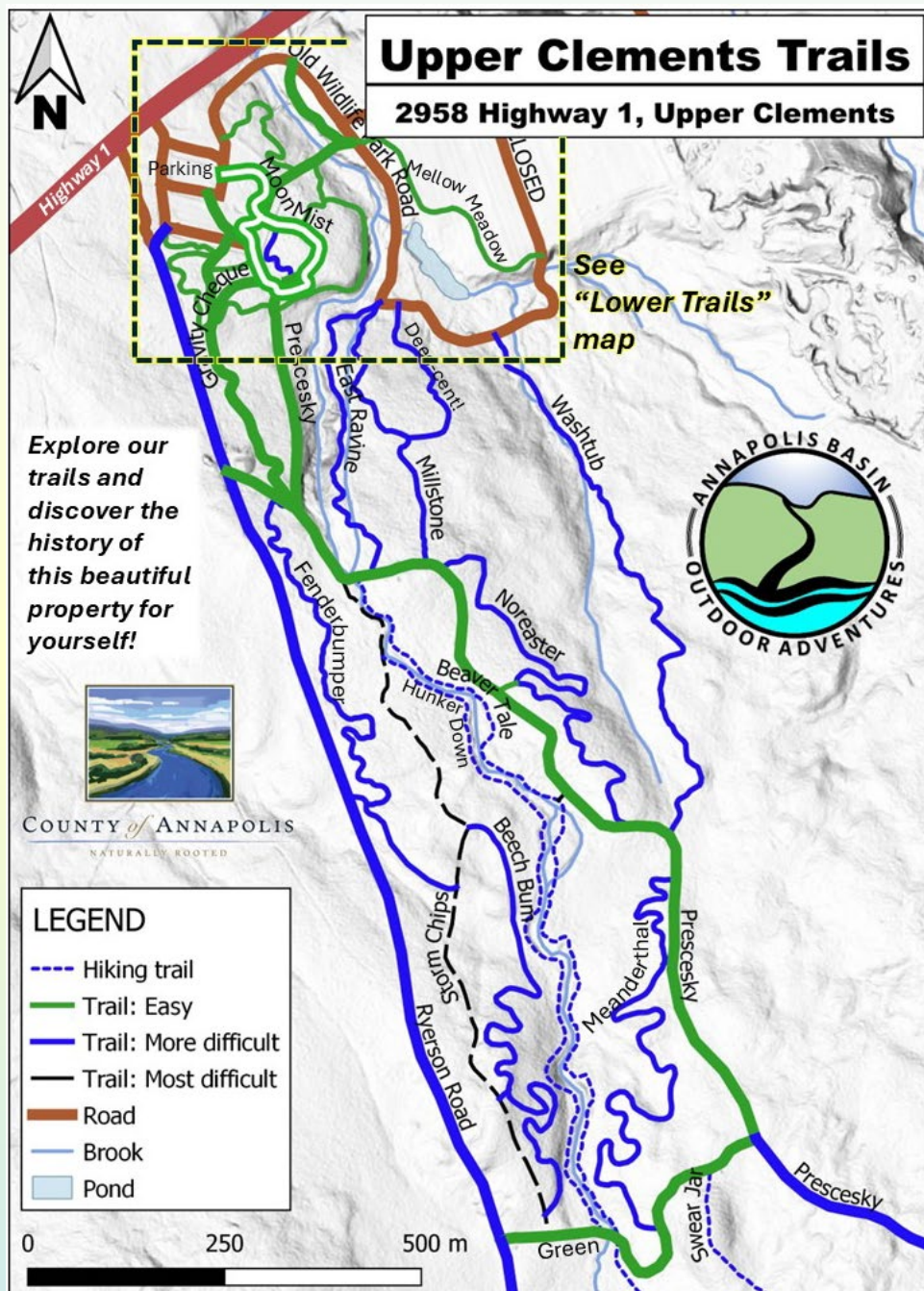


## A few things to do at Upper Clements Trails:

- Go for a hike in nature! Choose easy pathways or more challenging trails.
- Run through the forest trails.
- Enjoy a mountain bike ride.
- Immerse yourself in nature.
- Go birdwatching.
- Learn about mills and millstones.
- Learn about the former wildlife park.
- Take photos!
- Walk the dog.
- Enjoy winter sports: snowshoeing, cross-country skiing and fatbiking!
- Picnic at the trail with family and friends.
- Walk or roll on the all-ability accessible trail to the Ryerson ravine lookoff.
- Participate in an event!
- Learn about the trees, lichens, and mushrooms.
- Enjoy the sounds of nature.
- Hike all 21 plus trails (and tell your friends)!







## TRAIL LENGTHS AND DIFFICULTY

Multiuse Trails		
Trail name	Difficulty	Length
A Wrinkle in Time	Easy	370 m
Beech Bum	More difficult	930 m
Blue Connector	More difficult	750 m
Deee-cent	More difficult	250 m
East Ravine	More difficult	430 m
Easy Peasy	Easy	110 m
Fenderbumper	More difficult	830 m
Gravity Cheque	Easy	400 m
Green Connector	Easy	470 m
Meanderthal	More difficult	1,020 m
Mellow Meadow	Easy	350 m
Milky Way	Easy	300 m
Millstone	More difficult	420 m
Nor'easter	More difficult	800 m
Potter Mill	More difficult	240 m
Prescesky	More difficult	1,450 m
Red Connector	Easy	980 m
Ryerson	More difficult	1,500 m
Stoker	Easy	400 m
Storm Chips	Most difficult	1,000 m
Upper Prescesky	More difficult	2,200 m
Upper Ryerson	More difficult	2,250 m
Washtub	More difficult	900 m
Wildlife Road	Easy	880 m
Zipline	More difficult	120 m



## MOON MIST TRAIL

The Moon Mist loop is an accessible path through mixed forest to a viewpoint overlooking the scenic Ryerson Brook. The trail has a compacted fine gravel surface that is suitable for most mobility aids. Raised wooden edging provides a visual and physical cue for trail users.

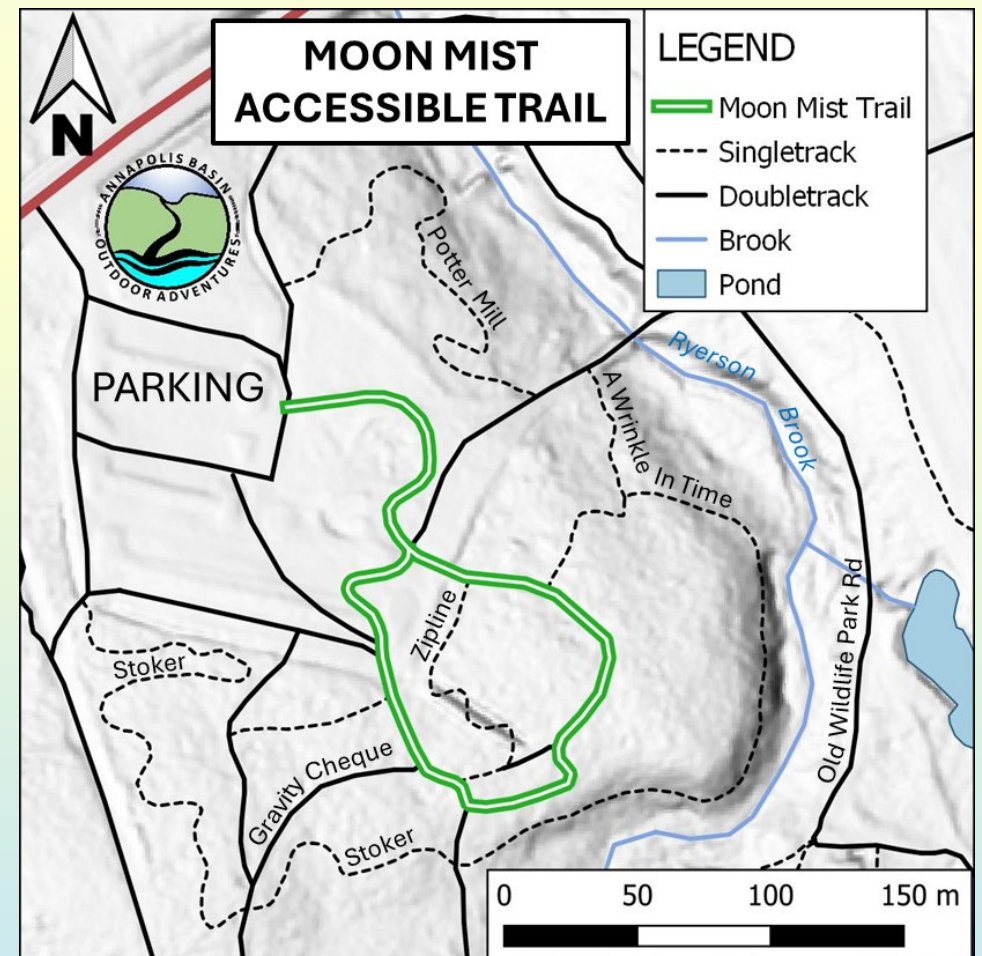
Accessible parking spots are located beside the Moon Mist trailhead, where an accessible portable toilet is available year-round. There are rest stops along the trail, and an accessible picnic table at the viewpoint.

Look for lady slippers and mayflowers, in season!

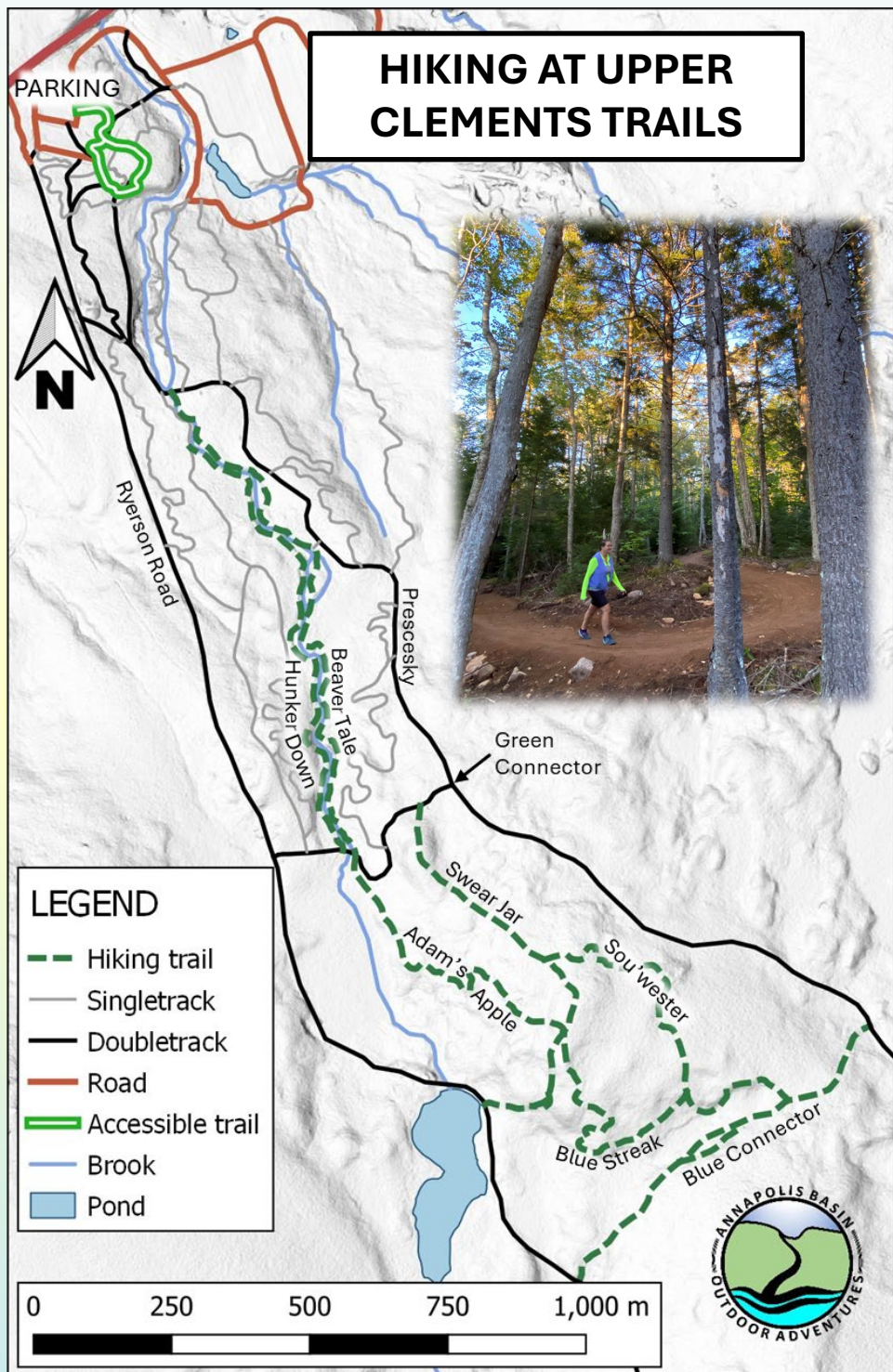
The Moon Mist trail is not cleared or maintained in the winter, and the trail surface may be soft following rain events or spring melt.

**Length: 550 m**

**Difficulty: Easy**







## HIKING AT UPPER CLEMENTS TRAILS

Upper Clements Trails has a few trails that are best suited to hiking or running. These trails may be soft, uneven, or rocky, with steep sections. Sturdy footwear is recommended, and hiking poles may be appropriate for some users. Don't be afraid to explore! You can always turn around if you are uncomfortable!

Hiking Trails		
Trail name	Difficulty	Length
Adam's Apple	Intermediate	630 m
Beaver Tale	Intermediate	1,100 m
Blue Streak	Intermediate	560 m
Hunker Down	Intermediate	950 m
Sou'wester	Intermediate	760 m
Swear Jar	Intermediate	800 m

When conditions are appropriate (not wet or muddy), these trails may also be used by mountain bikers or other nonmotorized users.





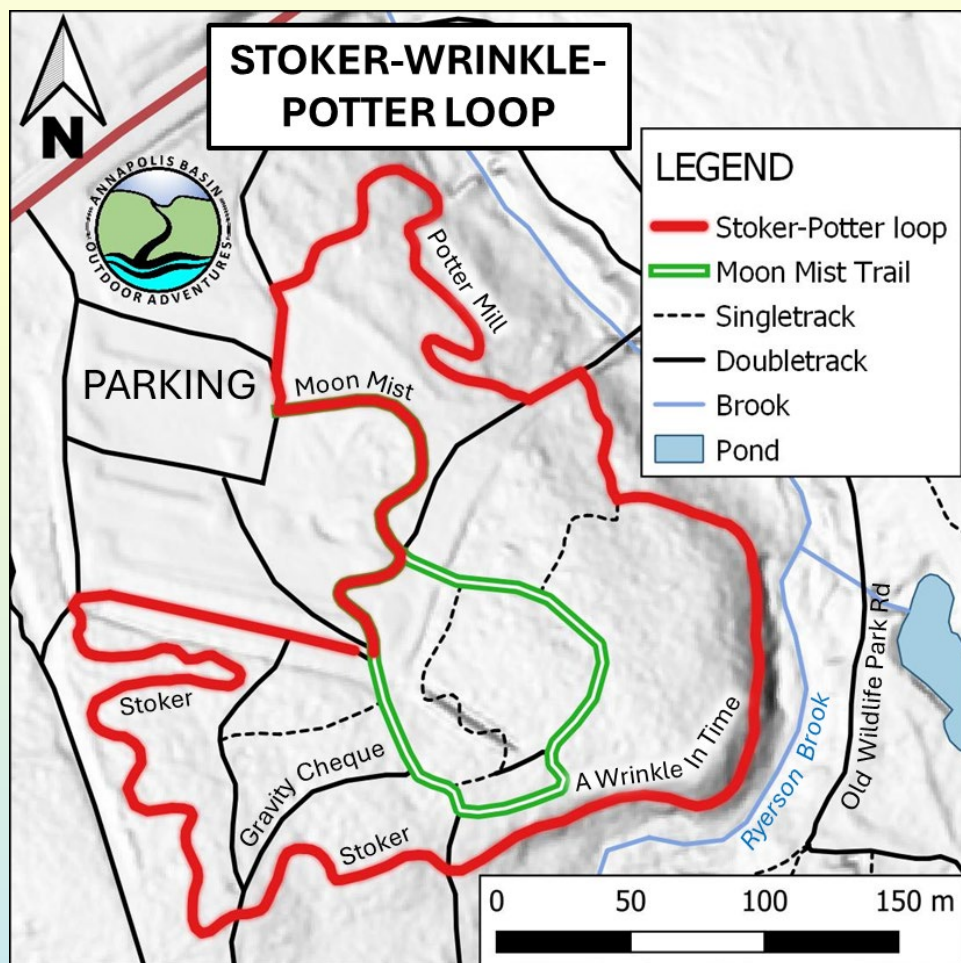
## STOKER-WRINKLE-POTTER LOOP

This fun loop can be ridden in either direction. With fun twists and turns, and a few short climbs, this makes a great lap for new or beginner riders, or a warm-up before heading farther out.

**Length:** 1300 m

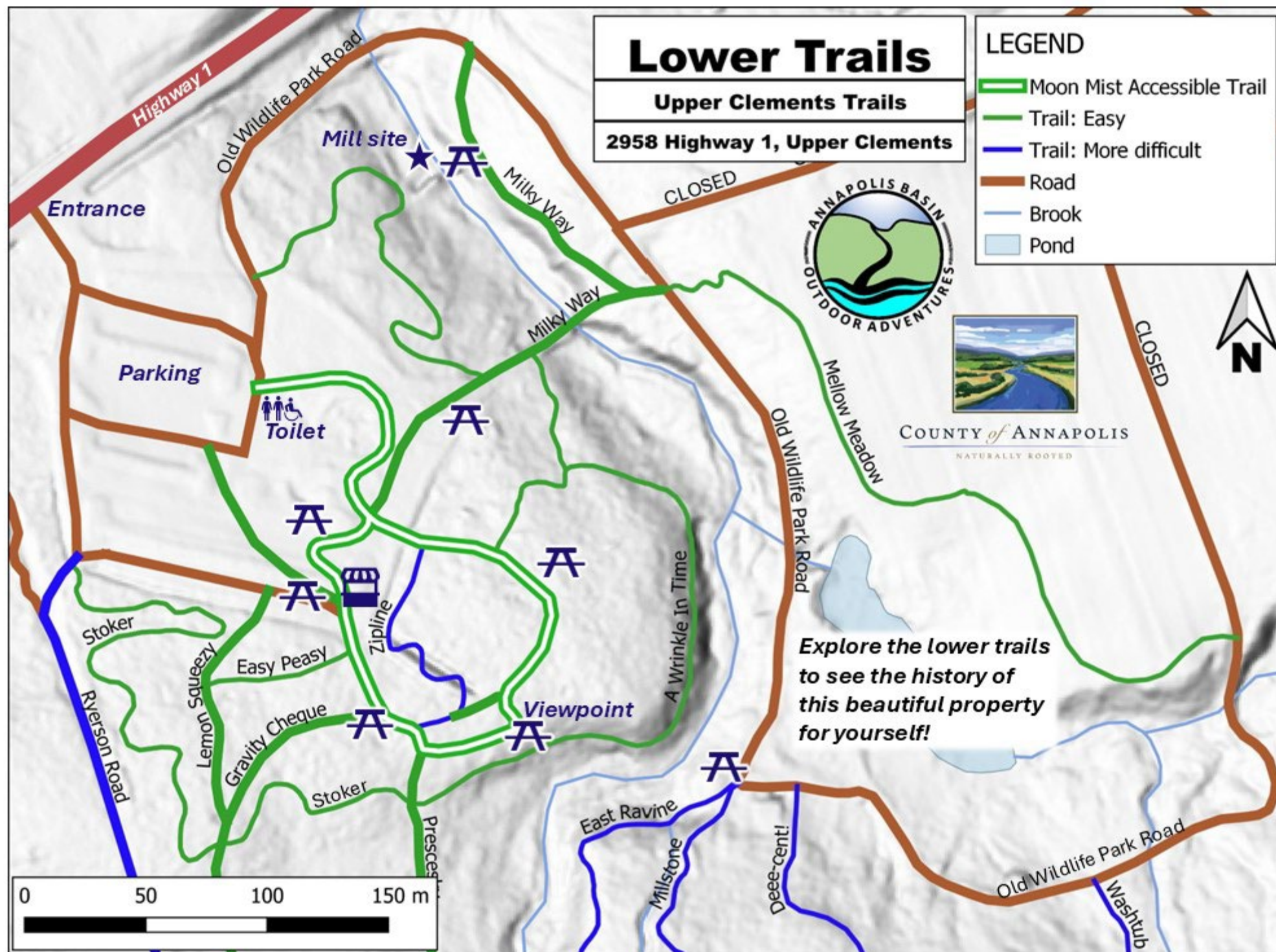
**Difficulty:** Easy

**Trails:** Stoker, A Wrinkle in Time, and Potter Mill



Mountain bikers on A Wrinkle In Time trail.







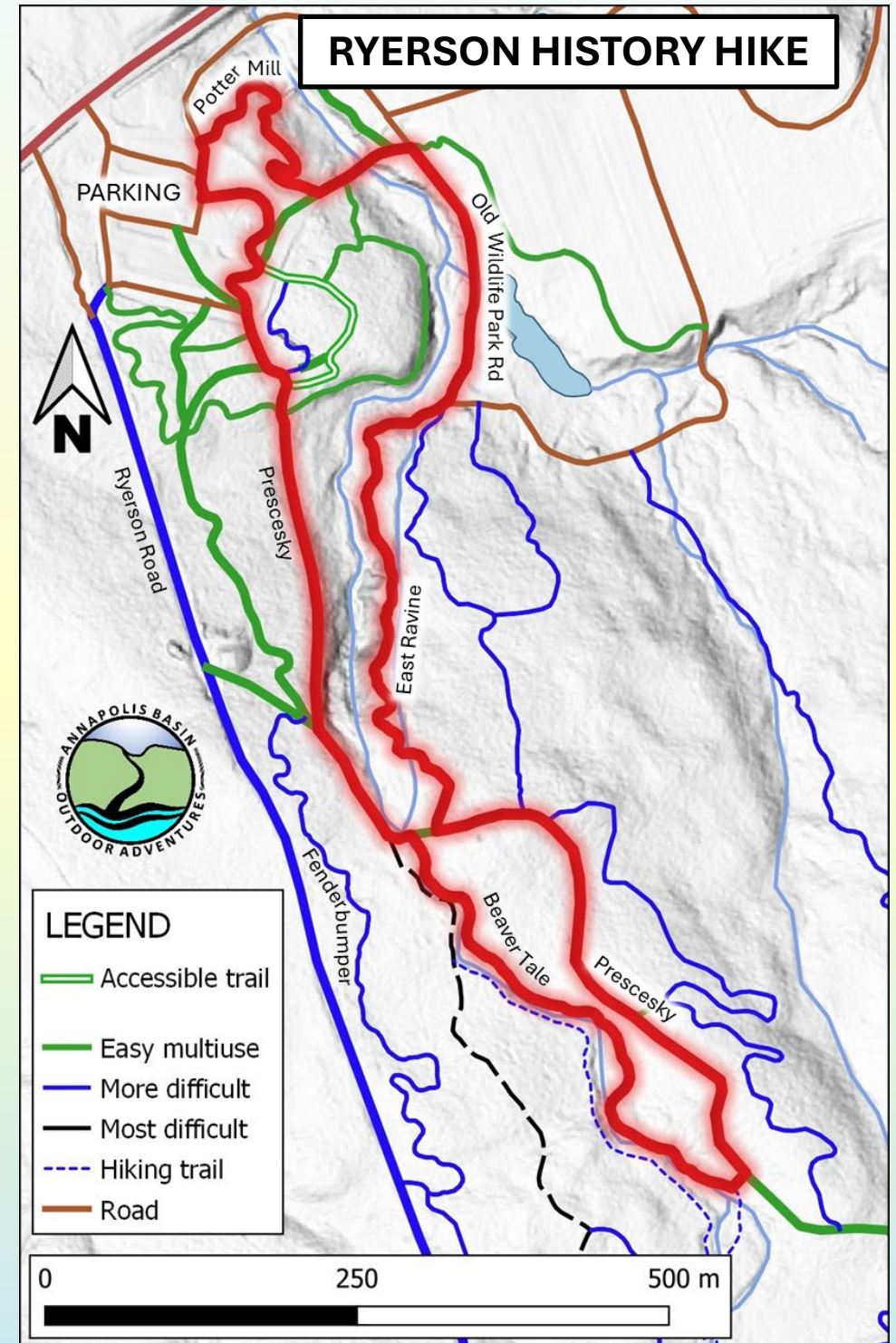
## RYERSON HISTORY HIKE

Follow Ryerson Brook upstream and retrace some of its history, stopping at an old dam, a fenceline, and a former beaver pond. Return via the East Ravine trail, passing a millstone from the 1800s and a sawmill foundation from 1930 to complete the loop.

**Length: 2.5 km**

**Difficulty: Moderate**

**Trails: Prescesky, Beaver Tale, East Ravine, and Potter Mill**





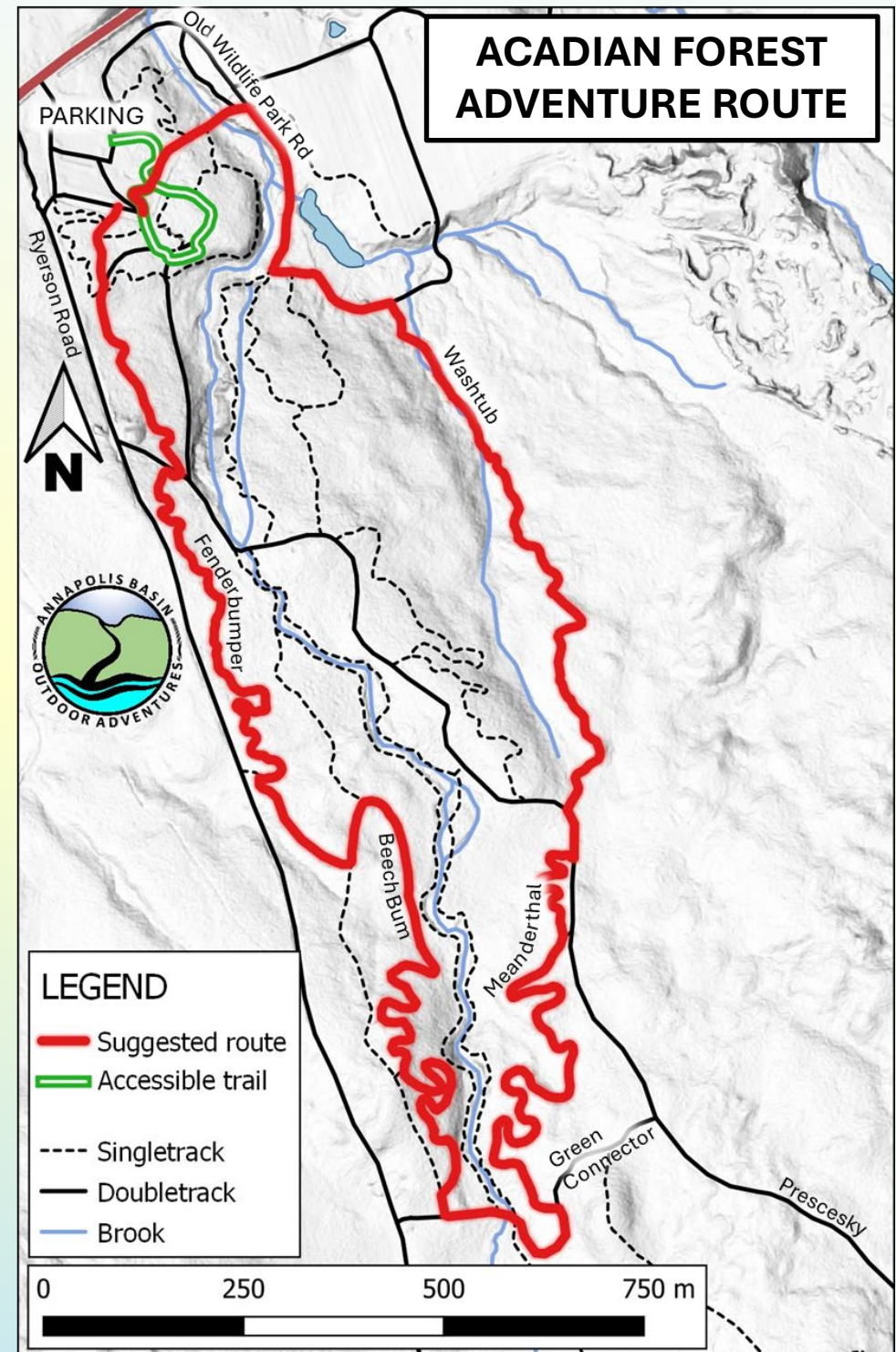
## ACADIAN FOREST ADVENTURE ROUTE

Ride, hike or run this route for a tour of the mixed Acadian forest ecosystem. Trails twist and turn through mature second growth softwood, a young beech and yellow birch forest, and some beautiful mature maple and spruce trees. Ryerson Brook makes appearances along the way. Look and listen for owls and woodpeckers!

**Length: 2.5 km**

**Difficulty: Moderate**

**Trails: Gravity Cheque, Fenderbumper, Beech Bum, Meanderthal, Washtub, Old Wildlife Park Road**





## THE SISSIBOO SIZZLER

The inaugural Sissiboo Sizzler trail run was held in 2024, with a route that showcases every kind of trail on offer! Wide doubletrack, rocky singletrack, twisting flow trails, and mossy hiking trails make up this 11 km double loop.

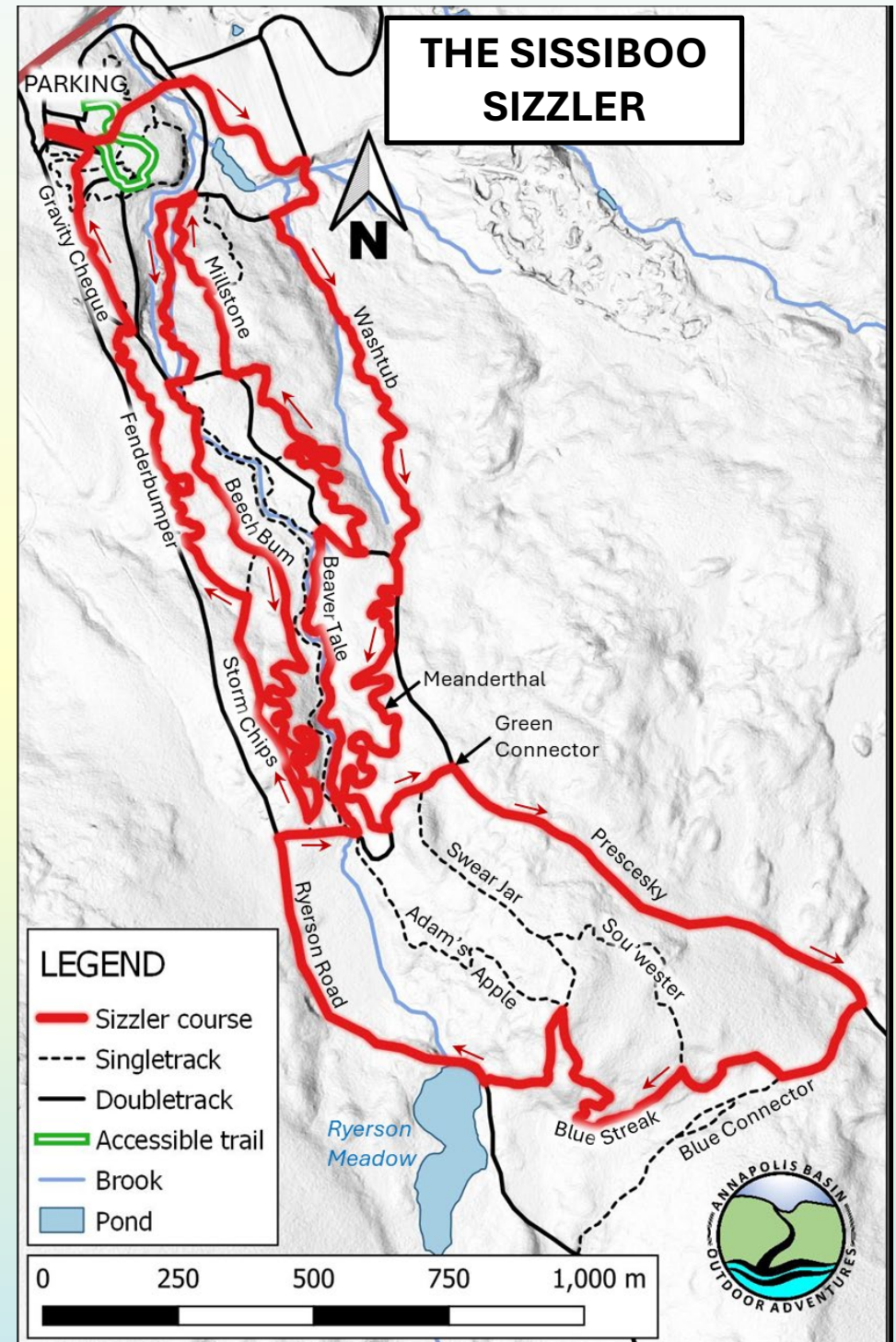
The original Sissiboo Sizzler was a popular ride at the Upper Clements Theme Park, which was once located across the road from the trail network.

**Length: 11 km**

**Best for: Hikers and trail runners**

**Difficulty: Moderate**

**Trails: Mellow Meadow, Washtub, Meanderthal, Prescesky, Blue Connector, Sou'wester, Blue Streak, Swear Jar, Ryerson, Beaver Tale, Nor'easter, Millstone, East Ravine, Beech Bum, Storm Chips, Fenderbumper, and Gravity Cheque.**





## THE STORY OF UPPER CLEMENTS TRAILS

Upper Clements Trails is located on the south side of Highway #1 in Upper Clements. The property once hosted a wildlife park and a zip line course. The property was purchased by the County of Annapolis in 2020 as part of a land acquisition from the Upper Clements Parks Society.

The Municipality worked in cooperation with the Annapolis Basin Outdoor Adventure Society (ABOA) in the creation of those trails. The partnership and project was initiated in 2022, with a phased trail development plan that reached over 16 km of trails by 2024. Upper Clements Trails opened to the public in 2023.



Annapolis Basin Outdoor Adventures Society (ABOA) is a not-for-profit volunteer organization focused on development and maintenance of active outdoor recreational infrastructure in the region of the Annapolis Basin. ABOA also provides opportunities for community-building and stewardship through participation in recreation and events.

**Please sign our guestbook at the trailhead map kiosk!**

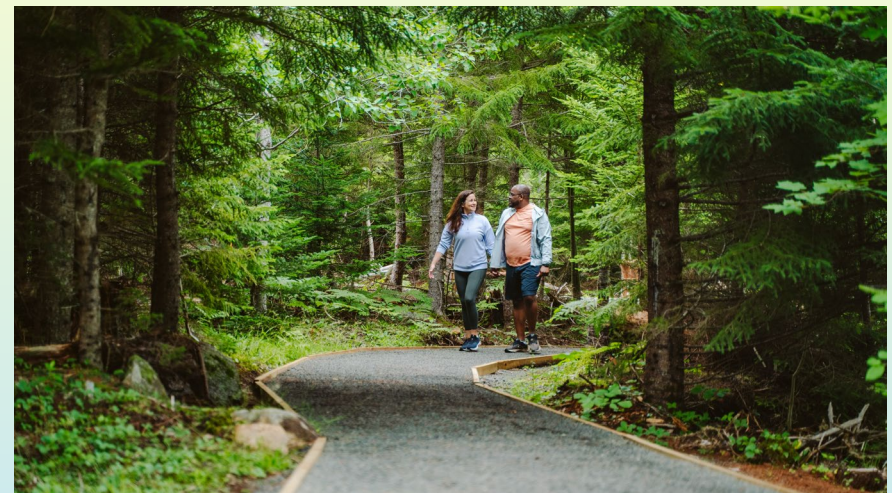
Visit Annapolis Basin Outdoor Adventures Society website, [www.aboatrails.com](http://www.aboatrails.com)

Learn more about Annapolis County and other parks at [www.annapoliscounty.ca](http://www.annapoliscounty.ca)

Trail tips and etiquette:

- Please stay on trails.
- Pack it in and pack it out.
- Wear appropriate footwear and clothing.
- Ride to your ability.
- Tell someone where you are going and when you plan to return.
- Please be aware there are ticks so plan accordingly.
- Pick up after your dog.

**In an emergency call 911.**







*Bench on Beaver Tale trail, beside Ryerson Brook.*

## Visitors!

While you're in the area, make time to explore:

- Annapolis Basin Tidal Beach Park
- Delaps Cove Wilderness Trail
- First Lake
- Mickey Hill Provincial Park
- Harvest Moon Trailway

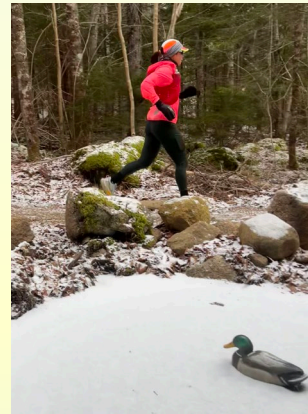


*Enjoying the scenery at Delaps Cove Wilderness Trail.*

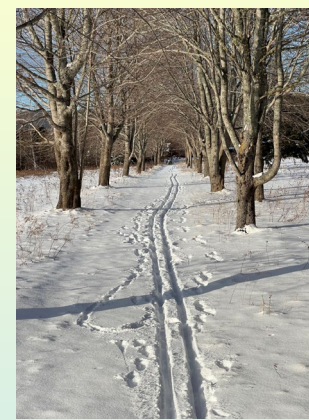
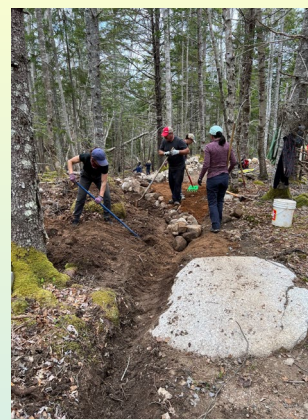
Nearby Annapolis Royal has many walking trails around town. From Lower Saint George Street, follow the Sieur De Mons boardwalk, Fort Anne National Historic Site pathway, French Basin Trail, Harvest Moon Trailway, and the Annapolis Membertou Trail for a pleasant loop.

While in town, check out the Annapolis Royal Historic Gardens for lovely garden pathways and a looped trail where you can walk on 400-year-old Acadian dykelands.





*Your  
photo  
here!*



A four-season trail destination *for you!*

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