



Winter Active Contest



Complete at least one activity in each category.

Enter by February 20th for a chance to win!



TRY A WINTER ACTIVITY

- ☐ Ski, snowboard, kicksled, or go snowshoeing
- ☐ Skate at the rink or go curling
- ☐ Try winter cycling (or fat biking)
- ☐ Pull a sled or go sledding
- ☐ Play “winter Olympics charades” (act out different winter sports)



PLAY IN THE SNOW

- ☐ Build a snow creature or snow castle
- ☐ Have a snowball throwing contest
- ☐ Make a snow fairy or snow angel
- ☐ Play boules, bocce, bowling, catch, soccer, golf, or frisbee in the snow
- ☐ Break puddle ice or climb up a snow bank



GET OUTSIDE

- ☐ Take a friend with you for a stroll around the neighbourhood
- ☐ Identify two different sets of animal tracks
- ☐ Visit the same tree three times in the same week
- ☐ Have an outdoor picnic or cook a meal outside



STRETCH & WARM UP

- ☐ Do 5 minutes of stretching every day for a week
- ☐ Dance to a favourite song once a day for a week
- ☐ Warm up your vocal chords and sing a song with friends
- ☐ Play a game of outdoor tag



TRY SOMETHING NEW

- ☐ Visit a new-to-you park or trail
- ☐ Attend a new-to-you gym, exercise class or recreation group
- ☐ Borrow recreation equipment you’ve never used before.



WATCH & LISTEN

- ☐ Listen to moving water
- ☐ Go bird watching (bonus points for snow buntings or a snowy owl)
- ☐ Look up at the night sky
- ☐ Take photos of winter scenes

COUNTY *of* ANNAPOLIS

NATURALLY ROOTED



Winter Active Contest



Win a pair of snowshoes
or other recreation gear!

Send a photo doing one activity for an additional prize entry!

Photos submitted may be used for County Rec promotion.

Send your name and checklist to rec@annapoliscounty.ca

OR

return form to 752 St. George Street, Annapolis Royal, NS.

Contact information:

Name: _____

Email: _____

Phone (optional): _____

Community: _____

Recreation email list:

I would like to receive Annapolis County Recreation updates

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